# CURRICULUM VITAE



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### **EDUCATION**

**Specialty in Psychiatry,** University of Social Welfare and Rehabilitation Sciences, Tehran, Iran, 2004 **MD,** Mashhad University of Medical Sciences, Mashhad, Iran, 1998 **Diploma,** Taleghani High School, Birjand, Khorasan Province, Iran, 1989

#### ADMINISTRATIVE EXPERIENCE

Head of Planning and Supportive Services Committee of Universities of 5<sup>th</sup> Area of Iran, 2020-present Head of Shiraz University of Medical Sciences Counseling Center, 2019-present

**Board Director of Hazrate Aliasghar General Hospital**, 2019

**Board director of Ostad Mohareri Psychiatric Hospital**, 2018

Head of Social Harms and Substance Use Disorders Research Center, 2015-present

**Deputy Chancellor for Drug Abuse and Rehabilitation and Head of the Prevention Office, Shiraz** University Medical Sciences, 2013-present

**Director of Medical Care Management,** Medical Care Chancellor Affairs, Shiraz University of Medical Sciences, 2010-2013

**Deputy Director of Medical Care Management,** Medical Care Chancellor Affairs, Shiraz University of Medical Sciences, 2007-2009

**Director of Infant Mortality Committee,** Medical Care Chancellor Affairs, Shiraz University of Medical Sciences, 2009-2013

**Director of Maternal Mortality Committee,** Medical Care Chancellor Affairs, Shiraz University of Medical Sciences, 2009-2013

**Director of Substance Dependency Work- group,** Health Policy Research Center, Shiraz University of Medical Sciences, 2009-2013

**Head of Monitoring and Accreditation Department,** Medical Care Chancellor Affairs, Shiraz University of Medical Sciences. 2009-2010

**Deputy Director of Substance Dependency Treatment and Rehabilitation Committee**, Counsel of Drug Control. Fars Province. 2007-2013

**Deputy Director of Medical care management,** Medical Care Chancellor Affairs, Shiraz University of Medical Sciences. 2007-2010

**Director of Health Statistics and Indices, Medical Care Chancellor Affairs, Shiraz University of Medical Sciences**. 2007-2013

**Head of Substance Abuse Treatment Department,** Medical Care Chancellor Affairs, Shiraz University of Medical Sciences, 2006-2013

Head of Supreme Committee of Substance Use Disorders Prevention and Treatment, Shiraz University of Medical Sciences, 2006-2013

**Director of Psychiatry Committee,** Medical Care Chancellor Affairs, Shiraz University of Medical Sciences, 2005-2013

**Head of Disease Control Unit,** Fariman County Health Center, Mashhad University of Medical Sciences, 1998-1999

**Physician in Charge of Epidemiologic Affairs,** Fariman County Health Center, Mashhad University of Medical Sciences, 1998-1999

**Physician in Charge of Khrvain Rural Health Center,** Neyshabour County Health center, Mashhad University of Medical Sciences, 1998-1999

## LIST OF PUBLICATIONS

#### **THESES**

**MD Thesis:** Mashhad University of Medical Sciences (MUMS), Thesis Topic: Proptosis prevalence in north East Iran, Mashhad, Iran **Specialty Thesis:** University of Social Welfare and Rehabilitation (TUMS),

Thesis Topic: Determining Mental Health of Mothers with Autistic Children in Tehran, Tehran, Iran

**MPH Thesis:** School of Health, Shiraz University of Medical Sciences (SUMS),

Thesis Topic: Methamphetamine-amphetamine abuse risk factors in patients on MMT or BMT in Shiraz,

Shiraz, Iran

#### **Published Articles**

Afshari R, Afshari, R. Changes in Erythrocyte Sedimentation rate (ESR)" in patients with Tuberculosis. Local Health Journal of PayamAvaran.1998: 1(27) [Persian].

Mamuri Gh, Afshari R. Normal ranges of Hb, Hct and MCV in Khorasan province; report of **5337 Cases**. Raz-e-Behzistan Health Journal. 2000;14: 27-32 [Persian]

Afshari R. **Smoking; a dilemma for policy makers**. Behvarz Health Journal. 2000; 35: 41-42 [Persian].

Afshari R, Shafaeeyan H, Afshari R. **An epidemiologic study of opioid dependent subjects who were volunteered for opioid detoxification in Iran in 2005**. Journal Clinical Toxicology. 2006;44(4):581-582.

Afshari, R. Kushesh HR, Afshari R. A New Illicit Opioid Dependence Outbreak; Evidence for a Combination of Opioids and Steroids. Clinical Toxicology. 2009; 32(2): 114-119.

Jamshid A, Naghshvarian M, Afshari R. **Opioids Use in Male Population Referred for Mandatory Urine Opioid Screen Before Marriage in Shiraz-Iran.** Iranian Journal of Psychiatry and Behavioral Sciences. 2011; 5(2): 126–130.

Allahghadri, M, Afshari, R. **The Effectiveness of Mindfulness Based Stress Reduction on Self-Control of Obese Women,** Multidisciplinary International Peer Reviewed Journal. 2015; 3(2): 134-142.

Afshari R, Fattahi M, Sepehrimanesh M, Safarpour A, Nejabat M, et al. **The Seroepidemiology of Hepatitis C Infection in Drug Abusers Referring to Shiraz Drug Rehabilitation Centers**. GOVARESH.2016; 21(3):188-193

Sabetian G, Zand F, Khalili F, Afshari R, Masjedi M, et al. Implementation of a Protocol to Control Pain, Agitation and Delirium in the Patients Admitted to Intensive Care Unit with Opioid Drug Dependency: A Feasibility Study. Biomedical Research .2017; 28(8): 3666-3671

## **International Congress**

Afshari R, Afshari R. Erythrocyte sedimentation rate (ESR) changes in patients with Tuberculosis, can be discriminatory? Conference proceeding of the 23rd Middle East regional congress of the international union against Tuberculosis and lung diseases. 21-24 APR, 1997, Tehran, Tehran University of Medical Sciences, Iran [English].

Afshari R, Afshari R, Bagheri M. **Out-patients epidemiologic variables in governmental health services in Khorasan Province from Feb. 1997 to March 1998**, Conference Proceeding of 11th International Congress of Geographic Medicine, 1998, Shiraz, Iran [Persian].

Afshari R, Shafaeeyan H, Afshari R. **An epidemiologic study of opioid dependent subjects who were volunteered for opioid detoxification in Iran in 2005**. Proceeding of 26th European Association of Poisons Centers and Clinical Toxicologists (EAPCCT), Prague, Czech Republic. Afshari R, Afshari R. **New illicit opioid dependence, a suspected combination of opioids and steroids**. Proceeding of 26th European Association of Poisons Centers and Clinical Toxicologists (EAPCCT), Prague, Czech Republic, 19-22 April 2006, 177-178.

Afshari R, Dadras-Moghaddam D, Afshari R. **Defining illicit Pharmaceutical market in 21st century**. Proceeding of The First International China Biopharmaceutical Symposium (ICBPS), Beijing, China. December 7–11, 2006.